



Cedar Valley  
Hospice

*annual report* | 2008

Cedar Valley Hospice provides the leadership and sets the standard for excellence in delivering comprehensive palliative and end-of-life care to patients and services to those who grieve.

our vision

Through innovative programs and community partnerships, Cedar Valley Hospice will be the hospice and palliative care provider of choice in the areas that we serve.

our values

**Compassion:** Cedar Valley Hospice offers compassionate care and bereavement services to all patients and families.

**Respect:** Cedar Valley Hospice respects life and human dignity.

**Education:** Cedar Valley Hospice educates the patient, family and our community regarding death and dying.

**Leadership:** Cedar Valley Hospice provides stable and responsible leadership for the organization and staff.

**Relationships:** Cedar Valley Hosice develops integral relationships with patients, families, and our community.

**Integrity:** At Cedar Valley Hospice, we work with integrity to provide quality care.


**Quality & Excellence:** At Cedar Valley Hospice we strive for excellence in providing end-of-life care.

For Cedar Valley Hospice, 2008 was another year of *making each moment matter* in the lives of thousands of your family members, friends and neighbors. We provided care to 936 hospice patients and nearly 3,000 grief clients. We continue to be one of the area leaders in end-of-life care.

The number of lives we have touched is remarkable, yet we must consider so much more. Our mission is to serve with compassion and excellence - each patient, each client, each grieving family member. We hold true to our values of respect, integrity, quality and education. Each staff member and volunteer upholds our principles and standards of excellence.

Our quality assessment and performance improvement efforts are reflected in our outstanding patient and family survey results. Cedar Valley Hospice continually ranks higher than state and national results with 99.2 percent of patients and families stating they would recommend Cedar Valley Hospice services to others. Additionally, over 95 percent report they received the right amount of emotional support and help with feelings of sadness and anxiety.

Cedar Valley Hospice honors and thanks the dedicated staff, volunteers and donors who have assisted in providing quality end-of-life care and grief services for the past 30 years. As we look to the future, we renew our commitment to providing comfort, dignity and support to those in need. We are grateful for being invited to serve our communities.



Marvin Fagerlind, LISW  
Executive Director



Nick Evens  
2008 Board President

*“Cedar Valley Hospice is about life and Time lived with compassion and love. The people of Cedar Valley Hospice truly live up to their motto of ‘making each moment matter’.”*

- Wendy Halbach, daughter of Arnold Weltzin and member of Friends Advisory Committee.

Cedar Valley Hospice offers a special kind of home care program that provides physical, emotional, social, and spiritual support for terminally ill patients and provides support services for their families.

Hospice services help patients to stay at home as long as possible, surrounded by loved ones, with pain under control. Emphasis is placed on living each day to the fullest, finding meaning in life, and maintaining personal dignity and family integrity.

Hospice services care for patients in the last six months of any illness. The caring team of Cedar Valley Hospice professionals includes a nurse, social worker, hospice aide, physician, spiritual counselor and volunteer. This team focuses on the patient’s quality of life by offering pain and symptom control. The care team not only supports the patient, but also the entire family emotionally, socially and spiritually. Cedar Valley Hospice services are provided regardless of a patient’s ability to pay and service is provided in a patient’s home, assisted living facility, nursing home, hospital or the Hospice Home.

In 2008, Cedar Valley Hospice served 936 hospice patients. Many patients utilized the Cedar Valley Hospice Home for their care throughout 2008. During the year there were 164 respite care and 152 inpatient stays at the Hospice Home.

Cedar Valley Hospice Grief Support Services provide comprehensive counseling, support services, and educational leadership on dying, death and grief to the community. The goal of Grief Support Services is to help family members and friends adjust their lives after the death of a loved one.

Grief Support Services may be provided through monthly mailings, one-on-one meetings with staff, telephone reassurance, educational groups or social support groups and activities. Assistance is also offered to health care facility staff, who are grieving the death of a facility resident, or businesses whose employees are grieving the death of a co-worker.

Grief services are available, free of charge, to friends and family members of Cedar Valley Hospice patients, as well as anyone in the community who is grieving a loss due to death.

In 2008, over 1,600 people were helped by our adult grief programs.

*“I learned I could get grief counseling at Cedar Valley Hospice... . I walked into the office and was able to get one-on-one counseling. The counseling was extremely beneficial...”*

- Gary Stratton, husband of Maxine and former firefighter/EMT who often transported patients to the Hospice Home

Grief support services of the Eucalyptus Tree program help children who are grieving the death or terminal illness of someone special to them. The program delivers age-appropriate emotional support to any child or group of children dealing with grief. Grief support is available to all young people in our service area. The Eucalyptus Tree program also educates the community about terminal illness and grief experienced by children through workshops and presentations.

Services of the Eucalyptus Tree program are available, free of charge, to children and their families and members of the community, regardless of whether their loved one, friend or neighbor was a patient of Cedar Valley Hospice.

In 2008, the Eucalyptus Tree program served over 4,500 people through family support visits, school and hospital visits, one-on-one volunteer support, Hospice Home Kid Coach, play therapy, and community presentations and events.

*“The Eucalyptus Tree program was a savior for my children and me.”*

- Tamera Bronemann,  
patient family member and volunteer

*“Cedar Valley Hospice anticipated and filled every need with compassion and concern.”*

- Gerry Lehne, wife of Carl

In 2008, the LINK program offered supportive end-of-life care to 34 individuals. Patients served are those who are in the advanced stage of a life threatening disease and have a nursing or psychosocial need, but are not eligible for our hospice program.

Over the past year LINK also welcomed patients who were discharged from our hospice program due to improved diagnosis. The majority of LINK patients remained on the program for over 180 days. Patients served suffered from a variety of illnesses including dementia, multiple sclerosis, congestive heart failure and liver disease and resided throughout six counties in Northeast Iowa.

The program’s third year brought significant growth as the LINK licensed social worker and registered nurse successfully worked together to facilitate pain and symptom management, connect patients to community services and financial assistance, and advocate on behalf of patients with medical professionals.

Support from community service providers also grew in 2008 with increased referral sources, and expansion into nursing homes and assisted living facilities.

*“They create a safe, non-judgmental environment that people living with HIV/AIDS don’t always have.”*

Tami Haight, Cass Client and  
CASS Community Group Member

Over the past year, CASS provided medical case management as well as counseling, advocacy and financial relief to 72 individuals and their families. Founded in 1988, the program is the only AIDS Service Organization serving Northeast Iowa.

The program continues to be advised by the CASS Community Group. In order to connect clients with service to meet their unique needs, CASS staff through their own efforts and the advocacy of the Community Group, worked to build deeper professional relationships with community service providers. As a result, referrals increased from many sources including Allen Hospital, Covenant Medical Center, Iowa State Department of Corrections, Iowa Department of Public Health, Peoples Clinic and University of Iowa Hospitals and Clinics.

CASS entered its second year in a three year grant cycle as a recipient of Ryan White Title II funding (first grant received in the 1990’s from the Iowa Department of Public Health) and was also honored to receive a grant from the U.S. Department of Housing and Urban Development’s Housing Opportunities for Persons with AIDS Program to be implemented in 2008.

The history of music as a healing influence dates back to World War I and World War II when community musicians of all types went to Veterans hospitals around the country to play for patients suffering both physical and emotional trauma from the wars. The response to the music by the patients prompted the doctors and nurses to request the hiring of musicians by the hospitals.

The history of Music Therapy at Cedar Valley Hospice dates back to 2004 when a contracted music therapist was in the Hospice Home weekly. Music Therapy expanded when a part-time music therapist was hired in 2006. Patients served increased greatly and within six months the part-time position became full-time.

Music Therapy is offered as a complementary therapy in all areas that Cedar Valley Hospice serves, whether the patient lives at home, in a care facility or is staying at the Cedar Valley Hospice Home. Music Therapy can assist in reducing pain or anxiety, be part of a life review and enhance quality of life.

In 2008, 241 Cedar Valley Hospice patients received Music Therapy services. Of those patients, 162 resided in a nursing home, 30 were in their own homes, 15 were at the Hospice Home and one patient was in a health care setting such as a hospital.

*“...Mom loved music and CVH provided music therapy in her home. It helped all of us to relax for a few minutes.”*

- Carol Brobst & Maxine Engelkes,  
daughters of Wilma Engelkes

Cedar Valley Hospice volunteers bring companionship to people in the final months and weeks of life, respite to families and caregivers, and support in fundraising and administrative efforts. These dedicated volunteers are integral members of the interdisciplinary team of professionals who provide care at the end of life. Many people become hospice volunteers after experiencing firsthand the compassionate care Cedar Valley Hospice provided to a dying loved one.

In 2008, more than 450 volunteers provided over 14,450 hours of service to help care for patients and families in our community. The cost savings for the volunteer hours provided is over \$282,000.

*“It is a rewarding experience to volunteer and become a part of a personal journey for families. I feel blessed to be able to give what I am able in offering help and understanding.”*

- Al Janssen, volunteer,  
Waverly Advisory Committee

We extend sincere gratitude to every donor who contributed to Cedar Valley Hospice in 2008 to make our work possible. The following list represents donors who donated \$500 and above between January 1, 2008 and December 31, 2008. We regret that we are unable to list the hundreds of others who made gifts to our mission due to costs and our desire to direct as many of your donated dollars to patient care. However, our appreciation is equally deep for each and every gift we receive. While every effort is made to ensure the accuracy of names, we apologize for any errors and ask that you contact us with corrections.

***Angel - \$25,000 and Above***

Helen M. Guernsey  
Edna Krebs Estate  
Mary J. Mortell Estate

***Benefactor - \$10,000 - \$24,999***

12th Annual Jerry Hansen Memorial Golf Tournament  
Winifred H. Deeds Estate  
John Deere U.S. Ag  
The Max & Helen Guernsey Charitable Foundation  
Myrtle Irene Pettersen Estate  
Wheaton Franciscan Healthcare – Clara Pfaender Fund  
Sara Lee Yoder Estate

***Patron - \$5,000 - \$9,999***

Anonymous (2)  
Black Hawk County Board of Supervisors Solid Waste Allocation Fund  
Broadway Cares/Equity Fights Aids, Inc  
Community Foundation of Northeast Iowa  
Dan Kurtz  
KWWL - Iowa's News Channel 7  
Mark & Nancy Miller  
Dr. Greg & Rena Raecker  
Irene Stout  
Transport Permits, LTD

***Champion - \$2,500 - \$4,999***

10th Annual Charlie Hogan Memorial Golf Tournament  
Advanced Diagnostic Imaging  
Amalgamated UAW Local 838  
CAAP  
John & Kristie Lehman  
National Speaking of Women's Health Foundation  
David & Debbie Reinicke  
Dorothea Sundquist  
University of Northern Iowa Sports & Event Complex  
Warren Transport, Inc.  
Waterloo Implement, Inc.  
Audrey Wee

***Hero - \$1,000 - \$2,499***

Anonymous (2)  
John & Jolan Adams  
Benjamin & Patricia Allen  
Allen Health System  
American Eagle Wheel Corp. Employees  
Harold & Audrey Andrews  
Baird Industries, Inc.  
BankIowa Casual for a Cause  
Arnold & Helga Becker  
Bertch Cabinets Mfg. Inc.  
Bethel Reformed Church  
Bethlehem Lutheran Church Foundation  
Endowment Fund  
Bill Colwell Ford  
Craig Bolin  
Carl Bruihler  
Ken Burdick  
Cardinal Construction, Inc.  
Margaret Caswell  
Cedar Valley Cancer Center  
Joe Chandler  
Courier Communications  
John Deery Motors, Inc.  
Frank & Pam Dowie, III  
William Dravis  
Jeffrey & Janet Duggan  
East Balt, Inc.

Nick & Kelly Evens  
Family of Nancy Eichelberger  
Family of Paul E. Hilton  
Family of Phyllis Milbach  
Family of Sydney Strohbehn  
Dr. Cassandra Foens  
GMT Corporation  
Grundy National Bank  
Lori Guelner  
Nancie Handorf  
Iris Hansen  
Francys Harms  
Eugene Hartson  
JoAn Headington  
Paul E. Hilton  
Mark Homan  
Dale Johnson  
Ann Jones - Oakridge Realtors  
Maxine L. Kopriva  
Joe & Ellen Kremer  
Clydene Kroeger  
Rolf F. Kruse  
Elaine Kueker  
Margaret Langlas  
Susan W. Loveall  
Magee Construction Company  
Frederick & Elaine Mast  
Robert Mennen  
Margaret L. Merrill Estate  
Ruth Miller  
Molinaro Charitable Foundation  
John & Stacie Monaghan  
The Mudd Group  
LaVonne Nichols  
NuCara Home Medical/NuCara Pharmacy  
On Media  
Beverly Parizek  
Jean D. Parker  
Parrott & Wood Chapel of Memories &  
Serenity Funeral & Cremation Society  
Howard & Linda Peters

Barbara Powell  
Prudential One Realty Centre  
Leonard & Nancy Puetz  
Gerald & Joan Raum  
Mary Reinicke  
Daryl Rieck  
Richard & Nancy Seidler  
St. Mary's Guild  
Penelope State  
Jack & Marian Stiner  
Sidney & Kathy Thede  
Trinity American Lutheran Church  
Neil & Joyce Trott  
Sylvester & Wanda Van Hove  
Judy Vaughn  
Veridian Credit Union Casual for a Cause  
Wal-Mart #753  
Waterloo Industries  
James & Tawana Wienkes  
Steven & Karen Wohlwend  
M.J. Wylie  
Timothy D. Youngblut

***Leader - \$500 - \$999***

Anonymous  
ABCM Corporation/West Village Care Center  
BankIowa  
Barbara A. Barnett  
Rick & Candy Battaglia  
Beecher, Field, Walker, Morris, Hoffman & Johnson  
Benton's Ready Mixed Concrete, Inc.  
Steven & Jane Blough  
Howard Braden  
Ken Bru  
Marjorie Brunscheon  
Irving Budlong  
Anne T. Bueneke  
Marion Bumgardner  
Dorothy Burkhart  
Butler-Bremer Communications  
Maris Byrnes  
Cedar Heights Community Presbyterian Church

Cedar Valley Medical Specialists  
Charlotte & William Hinson Foundation  
Laura Clewell  
Steve & Gloria Clough  
Conrad Community Fund  
James & Roseann Cory  
Harold & Reva Cox  
Dr. Varina DesMarias  
Albert Dierks  
James Diesburg  
Jean M. Draude  
John & Bonnie Draude, Jr.  
Dr. Bill Drier  
East-Central Iowa REC  
Robert Elliott  
Episcopal Diocese of Iowa  
Marvin & Teresa Fagerlind  
Fairbank Plumbing & Heating  
Family of Blanche Hauschildt  
Family of Kenneth Hoskyn  
Family of Frances Pint  
Family of Merv Remley  
Family of Winifred Thomsen  
Family of Beverly Wirtz  
Fangman & Sons  
First Presbyterian Church Waterloo  
Fogdall Family Foundation  
Ed & Sacha Forster & Family  
Fredsville Lutheran Church  
Wayne & Barbara Frost  
Patty Gaede  
Gallagher Bluedorn Performing Arts Center  
Robert & Suzanne Galligan  
Geater Machining & Mfg.  
William Goodwin  
Grainger Matching Charitable Gift Program  
Don M. Gunderson  
Hagarty-Waychoff-Grarup Funeral Service  
David & Dianne Happel  
LaVera Happel Bequest  
Ed & Mary Harken  
Amy Hartmann

Dr. James & Harriet Healy  
Heaton Adams & Co. PC  
Harold Hinz  
Eugene & Darlene Holmes  
Hazel M. Holthaus  
Lavonne Hougen  
Iowa Custom Embroidery  
Iowa Laser Technology, Inc  
Gilmore & Kristin Irely  
Tim & Joan Johnson  
Kathy's Kakes  
Dorothy Kelso  
M. C. Kenyon  
Neysa I. Klepfer  
Kruger Seeds, Inc.  
Larson Construction  
Lockard Companies  
Bruce & Sue Ann Lodge  
Carol & Marvin Luhring  
Medical Associates of Independence  
Edward Meehan  
Mike & Patti Meinders  
Julianne Meyne  
Byron Merrill  
Lucille Messerer  
Milt & Shirley Mikesh  
Meyer Pharmacy  
Sandy & Vern Moses  
Cecelia Mudd  
NAPA Distribution Center  
Larry Niebes  
Arthur Nordman  
Northland Products Company  
Orchard Hill Church  
Order of the Eastern Star Cedar Falls Chapter 78  
Samuele & Laura Parizek  
Laura Peloquin  
Performance Bodies L.C.  
Donna & Doug Peterson  
Peterson Contractors, Inc.  
Dottie Plager  
Ernie & Lillian Podhajsky  
Diane Potter

Elaine & Robert Pullin  
Roberta Ramker  
Doris Randall  
Redeemer Lutheran Church  
Regions Bank & Regions Morgan Keegan Trust  
Rellihan, Weno and Hines Clinic for Women  
Tamara Richardson  
Daryl & Barbara Roberts  
Sacred Heart Church  
Elizabeth Salge  
Arnold & Imogene Schultz  
Kimberly Schultz  
Charles & Connie Seeliger  
Brian & Gia Shannon  
David & Lynnette Shirk  
Gary & Harriet Short  
Simpson Furniture Co., Inc.  
St. James Lutheran Church  
St. Timothys United Methodist Church  
Robert & Jennifer Stewart  
Maxine Stokes  
Swisher & Cohrt, P.L.C.  
Unitarian Universalist Society  
United Church of Christ  
VGM Forbin  
Vineyard Gift & Quilt Shoppe  
John & Terri Walker  
Beth Wagner  
Jon & Mary Wickstrom  
Sonja C. Wilhau  
Earl Wilson  
Steve & Diane Winkey

*“I felt Cedar Valley Hospice care was like having dozens of arms around us, knowing we were never alone on this journey.”*

- Evelyn Wohlwend, wife of Art Wohlwend

Nick Evens, *President*

Ann Jones, *President-Elect*  
Oakridge Realtors

Mike Meinders, CPA, *Treasurer*  
Carney, Alexander, Marold & Co., L.L.P.

Nancy Seidler, *Secretary*

Pat Allen  
University of Northern Iowa

Tom Allen  
WKOW (formerly with KWWL)

Dan Brobst  
Hawkeye Community College, Retired

Jodi Deery  
Jennifer's on Main

Pam Dowie  
Jennifer's on Main

Megan S. Fereday  
Swisher & Cohrt, P.L.C.

Dr. Cassandra Foens, MD, FACR  
Clinical Radiologists, P.C.

JoAn Headington  
Allen Hospital, Retired

Dr. David L. Hennessey  
Sumner Dental Care

Tina M. Hogan  
Veridian Credit Union

Chris Hyers  
Wheaton Franciscan Healthcare – Iowa

Kris Irely

Dr. Daniel G. Kegler, DDS  
Kegler, Kegler & Arend, D.D.S., P.C.

Steve Kilgard  
Pinicon Ford Lincoln Mercury

Brad Mattear, MA  
Clark & Associates Prosthetics & Orthotics

Bev Parizek  
P&P Insurance Company

Mike D. Ruffcorn  
Independence Federal Bank for Savings

Carolyn Sallis

Angela Schreiber, PA-C  
Covenant Clinic – Wheaton Franciscan Healthcare

Jim Wienkes  
John Deere Tractor Engineering

John J. Wood  
Beecher, Field, Walker, Morris, Hoffman & Johnson, P.C.

{  
“It’s not about dying, it’s about living.”  
}

-Nick Evens, 2008 Board President  
and father of Kaitlyn Evens

**Friends of Cedar Valley Hospice**

- |                     |               |
|---------------------|---------------|
| Brad Mattear, Chair | Amy Kimball   |
| Carol Brown         | Emile Leighty |
| Dana Clasen         | Sue Morkel    |
| Chris Congdon       | Lisa O’Neill  |
| Jeff Conrey         | LuAnn Ray     |
| Janelle Darst       | Dottie Plager |
| Karla Foust         | Jim Schaefer  |
| Bob Griffin         | Nancy Seidler |
| Kris Jasper         | Gia Shannon   |
| Joanna Jones        | Kay Thuesen   |
| Bobbi Kazenelson    |               |

**Grundy Center Advisory**

- |                   |                   |
|-------------------|-------------------|
| Paul Ehrig, Chair | Carole Hadley     |
| Donna Blythe      | Dorothy King      |
| Robert Degner     | Joan Raum         |
| Don Gunderson     | Shirley Van Deest |

**Independence Advisory**

- |                            |                 |
|----------------------------|-----------------|
| Missy Mayfield-Cook, Chair | Tom McGlaughlin |
| Frank Brimmer              | Harriet Short   |
| Mary Finnegan              | Ann Slattery    |
| Judy Liebe                 |                 |

**Waverly Advisory**

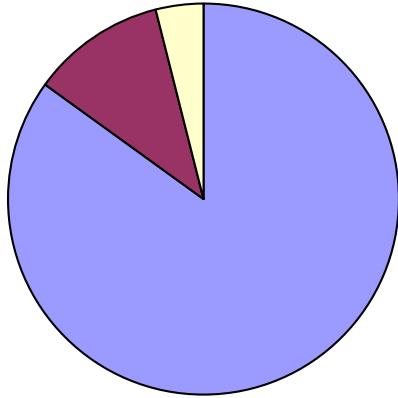
- |                       |                |
|-----------------------|----------------|
| Marilyn Brocka, Chair | Grant Jensen   |
| Nancy Carlson         | Deb Luhring    |
| Shannon Hull          | Kris Ohle      |
| Al Janssen            | Lester Schrage |

- Nine Cedar Valley Hospice nurses received hospice and palliative care certification.
- Rev. Bill Carpenter and Rev. Gary Johnson, Cedar Valley Hospice Chaplains, co-presented at the Annual Fall Conference of the Hospice and Palliative Care Association of Iowa.
- Stacy Weinke, Director of Clinical Services, was re-elected District Chairperson for the Hospice and Palliative Care Association of Iowa.
- Marvin Fagerlind, Executive Director, served as a member of the Advocacy Committee of the Hospice and Palliative Care Association of Iowa.
- Continued participation in a five year National Cancer Institute grant from the University of Iowa to study ways to improve cancer pain management in older adults.

*“One of the biggest blessings was, after needing to be his caregiver for three years, I was able, in his final days, to once again, be his wife...That meant more to me than anything else...”*

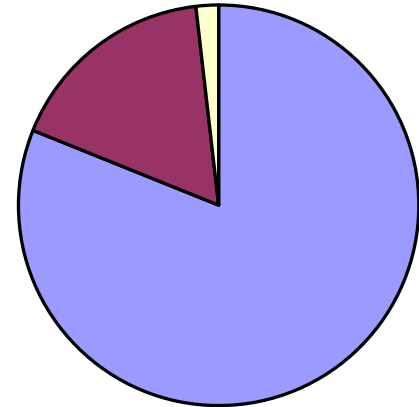
- Michele Aldrich, wife of Wayne

Sources of Revenue



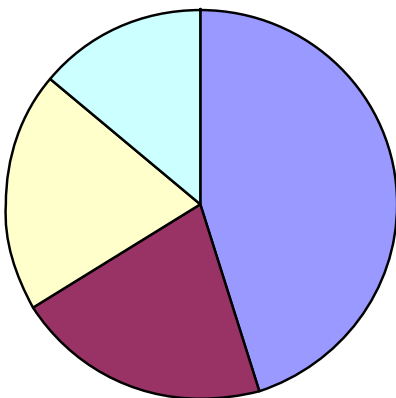
- 85% - Medicare/Medicaid
- 11% - Contributions/Grants
- 4% - Private Insurance

Expenditures



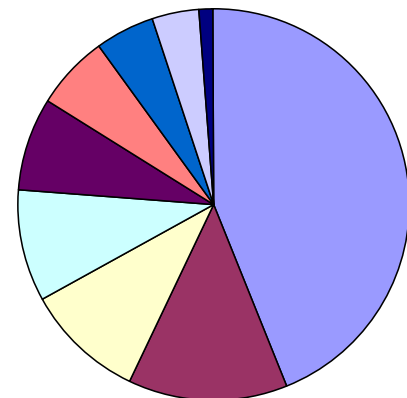
- 81% - Program Activities
- 17% - General & Administrative
- 2% - Fundraising

Fundraising Revenue



- 45% - Memorials & Contributions
- 21% - Bequests
- 20% - Events & Campaigns
- 14% - Grants

Diagnosis



- 44% - Cancer
- 13% - Cardiovascular Disorders
- 10% - Debility, unspecified
- 9% - Respiratory/Lung Disorders
- 8% - Dementia
- 6% - Stroke
- 5% - Other
- 4% - Kidney Disorders
- 1% - Other Motoneuron

*Making Each Moment Matter*



Cedar Valley  
Hospice

Waterloo Central Office  
2101 Kimball Ave., Suite 401  
Waterloo, IA 50702  
319.272.2002  
800.617.1972

Grundy Center Office  
310 East G Ave.  
Grundy Center, IA 50638  
319.824.3868  
888.878.3868

Independence Office  
801 First St. East  
Independence, IA 50644  
319.334.6960  
888.273.8957

Waverly Office  
207 20th St. NW  
Waverly, IA 50677  
319.352.1274  
877.485.7081

Hospice Home  
2001 Kimball Ave.  
Waterloo, IA 50702  
319.272.1771

[www.cvhospice.org](http://www.cvhospice.org)